

Silver Spring 545am Class: No Changes in the Winter

Hello Boot Campers,

This 545am class at Woodside Urban Park has access to the gymnasium all year, so no changes during the winter months. The class details from the website are listed again below:

**Woodside Urban Park
8800 Georgia Ave
Silver Spring, MD**

Days: Mon, Tues, Thur, and Fri

Time: 545am to 645am

Instructor: Darren Jones

Meet on the basketball courts (Spring, Summer, and Fall) or inside the gymnasium (Winter) next to the parking lot of the Dept of Health and Human Services (8818 Georgia Ave). Free parking in the DHHS parking lot, and on the street.

Thank you,

CD FIT, LLC

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